

21 March 2016



- **School Banking Day**  
**Tues 22 March**
- **NRPSSA Rugby League**  
**Wed 23 March**
- **Easter Hat Parade**  
**Thurs 24 March**
- **Good Friday**  
**25 March**
- **Easter Monday**  
**28 March**
- **NRPSSA Soccer**  
**Thurs 31st March**
- **Cross Country Carnival**  
**Fri 1st April**
- **NCPSSA—AFL**  
**Fri 1 April**
- **P&C Meeting**  
**Wed 6 April, 3pm**

**It's School Banking day tomorrow! Please drop your bank book in at the office**



**TUCK SHOP**

Date	Canteen Duty	Cooking Duty
4th Apr	Carley Grayson	Belinda Skelton Colleen Bylos
2nd May	Gail Campbell Sue McLeod	Gail Campbell Kylie McIntyre

### Easter Hat Parade

This Thursday is the Easter Hat Parade. I hope to see all students parading with their Easter hats on. Parents and caregivers are welcome to come along and join in the fun from 9:30am. Thank you to all of the families who have donated Easter Eggs for the raffle. It is not too late to send in your donations.

### Basketball Gala Day

3/4 Students went to the Raymond Laurie Sports Centre to participate in the Basketball Gala Day today. We hope they had a great time. 5/6 students will attend their gala day on the 4th April.

Kind Regards,

**Ellie Wiseman**

## School News

### K/1 Class News

What a great week we all had last week! This week is shaping up to be a fantastic week as well. Don't forget to get busy creating a hat for our Easter hat parade on Thursday. Please remember library bags for Thursday and being a short week reading folders will need to be returned that day as well. Happy Easter for next weekend. Enjoy!

*Kind regards, Ms Davies*

### 2/3 Class News

Hello all,  
2/3 are settling back into regular class routines this week after such a busy week last week with our wonderful trip to The Farm last Wednesday, and our school Harmony Day celebrations last Friday. The rain did not dampen our day out at The Farm and students were still able to enjoy everything The Farm had to offer. Thank you to the parent helpers who assisted with both of these days. Along with regular class lessons this week, students will also be working hard on getting their Maclean show artwork entries completed. From both Ms Clare and myself, we would like to wish everyone a safe and happy Easter long weekend.

*Thank you, Miss Smith & Ms Clare*

### 4/5/6 Class News

We are constructing the Diorama for the Maclean show this week. It will be a three level construction depicting the history of Palmers Island. Parents are welcome to lend a hand on Wednesday afternoon. 4/5/6 will be doing Kids in the Kitchen on Wednesday 6<sup>th</sup> April, lots of helpers would be appreciated; notes will go home next week. Entries for the write4fun competition close on 31<sup>st</sup> March, children need to see me if they wish to enter. Children may submit a poem or short story. I hope that everyone has a great Easter long weekend.

*Cheers, Mrs K Hardaker*

### My First Year 2016

The Kindergarten My First Year photos will be published in the **Daily Examiner on Wednesday the 23rd of March**. You can pre-order a copy at their local newsagents so you don't miss out!

### Book pack purchase for Year 1 to Year 6

Book pack fees are due for students in Years 1/2/3/4/5/6. The cost this year is **\$60.00** per student which is subsidised also by the school. This provides students with their spelling text, maths text, maths mental, homework book, home-reading journal and stationary supplies for the year. Please note that Kindergarten students book packs were covered as part of their pre-kinder package.

Direct deposits can now be made into the school account (please make sure you put your ***child's name & "Bookpack"*** in the deposit details: **Westpac BSB: 032 001 Account #: 144547**).

## P&C News

**Easter Raffle:** In conjunction with an Easter Hat Parade an Easter Raffle will be drawn. It would be appreciated if Easter Eggs could be donated to be prizes for the raffle. These can be left at the office.

**Jam/Chutney Making:** an idea was introduced at the last P&C meeting to make jams and chutneys from the 'free bounty' of lemons, oranges, tomatoes that may be growing in backyards. These can then be sold at school events. This is a good way to use fruit that may otherwise go to waste and an opportunity to learn or pass on the skills of jam and chutney making. Could anyone with an interest please contact Margie on 0410 651 774 or catch me at school. If the idea is popular we will soon be asking for jam jars!"

**Canteen:** if anyone is able to donate their time on a Monday morning to help with canteen please contact Melissa Swift on 0425 533 662. There are still positions open on the roster and it is a great way to get to know all the kids in the school. Or if a Monday is out and baking is your thing, please let her know that you can contribute to the 'home cooking'. Thank you to everyone who has been able to volunteer so far.



Gardening for our Greenhouse



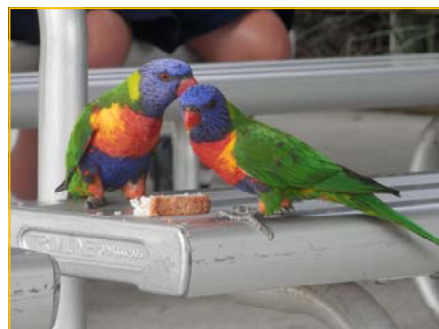


Looking for healthy lunchbox inspiration, tips, recipes and ideas? Subscribe to Let's Look at Lunches, a fortnightly e-newsletter developed by Northern NSW LHD with the aim to take the challenge out of packing a healthy lunchbox. Send you first name, email address and post code by:

Text to 0429 033 517

Email [lookatlunches@gmail.com](mailto:lookatlunches@gmail.com)

Also follow us on Instagram



### MULCH FOR SALE

\$20 a trailer load.

Phone or visit the school office

between 8.30am—3.30pm.

All proceeds will go towards the restoration of



**Cancer Council NSW** Nutrition Snippet

## The simplest way

...to bake a healthy lunch box treat.

Homemade muffins are a great way to add a fruit or veg-filled treat to lunch boxes.

**Apple and date muffins**

**Ingredients:** 3 apples, chopped; 1 cup boiling water; 200g dates, chopped; 50g butter; 2/3 cup brown sugar; 2 tps mixed spice; 1 egg; 1 tsp baking soda; 1 tsp baking powder; 2 cups wholemeal flour.

**Method:** Preheat oven (180°C). Chop apples and dates. Add boiling water, butter and sugar. Mix until butter melts and sugar dissolves. Add spice and allow to cool. When fruit mixture is warm, not hot, add spice and egg. Mix well. Add baking soda, baking powder and flour. Mix, but do not overbeat. If mixture is too dry, add a little milk. Spoon into the prepared muffin tin. Bake for about 15 minutes.

For more information visit [www.eatittoeatit.com.au](http://www.eatittoeatit.com.au) or join us at [facebook.com/eatittoeatit](https://facebook.com/eatittoeatit)

**Eat It To Beat It**



### Community News

**MY FIRST YEAR 2016**

It's a magazine that no other school ever gives their first year of school. It's a magazine that no other school ever gives their first year of school. It's a magazine that no other school ever gives their first year of school.

**In Paper Wed 23rd March**

**net set go**

**NETSETGO 5-7 YEARS COMMENCING 30th APRIL 2016**

**WHERE:** Lower Clarence Netball Association- Wherrett Park, Maclean Netball Courts

**WHAT IS IT:** 8 Week entry level program, developed to provide children 5-7 years with the best introduction to the Sport of Netball.

**WHEN:** SATURDAYS 1030AM-1130AM

**PRICE:** \$60.00- Includes 8 Week Program, participant pack- each child will receive a Netsetgo T-Shirt & Netball

**WHO:** Any child turning 5 years in 2016- 7 years (Also available for any children up to age 10 who have never played and want to learn the fundamental skills of netball)

**SIGN ON DAY- SATURDAY 2nd APRIL @ 1030am-1130am**

**REGISTER YOUR INTEREST OR FOR MORE INFORMATION CONTACT:** TASH HANCOCK 0438 858 030 or e-mail- [lowercna@gmail.com](mailto:lowercna@gmail.com)

### FUTSAL 2016 WINTER COMP

VENUE: Raymond Laurie Indoor Centre

DAY: Tuesdays @ 4pm

COMPETITION STARTS: The 3rd & 10th of May will be trials and team formation days. The competition proper will run from the 17th of May - 13th September

COST: Juniors (U/5's - U/14's) - \$5 for trial days and \$118 early bird special for entire Winter comp. Seniors (U/15's & above) \$135 early bird special

# For further information contact competition organiser Rod Menzies (0455147459) or Raymond Laurie Sports Centre (66468822 - [rlsc@clarence.nsw.gov.au](mailto:rlsc@clarence.nsw.gov.au))



### 'Lions Family Disco

**MACLEAN PUBLIC SCHOOL**

**31<sup>st</sup> March 6.00p.m. – 9.00p.m.**

\$6.00 entry or \$16.00 per family

includes free sausage sandwich and drink

**Palmers Island Public School**

"Citizenship, Scholarship, Sportsmanship"

Yamba Road, Palmers Island NSW 2463 Phone: 02 6646 0114 Fax: 02 6646 0328 Email: [palmersisl-p.school@det.nsw.edu.au](mailto:palmersisl-p.school@det.nsw.edu.au)

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## Awards of the week



### Principal News

#### Harmony Day at the Harwood Hilton

Thank you to all the students who represented Palmers Island Public School at the Harmony Day celebrations at the Harwood Hotel. I was very pleased and proud to see so many excellent drummers. Thank you also to the families who took time out of their busy and precious weekends to support our school.

#### KidsMatter

Is a Primary School Mental Health initiative of which Palmers Island Public School is an affiliate. Staff participated in a KidsMatter webinar training last Thursday afternoon and we are now hoping to establish a parent and community committee. Being part of the committee will involve a one of training day in Ballina in Term 2 and being part of the consultation process to determine future programs that will run in our school. If you are interested please let me know as soon as possible.

