



Nutrition Snippet

The simplest way

...to DIY dumplings.

Easy to make, fun to eat!
Kids will love this do-it-yourself cooking task.



Serves 4.

- Prepare your favourite combination of vegetables for the filling: grated carrot, corn kernels, and finely chopped spinach works well; finely chopped mushrooms, cabbage and capsicum is tasty too.
- Place 16 wonton wrappers (available in packs in supermarkets) on a dry work surface.
- Place a few teaspoons of vegetable filling inside.
- Drizzle with salt-reduced soy sauce.
- Brush the edge of each wonton with water.
- Pull edges together and pinch to secure.
- Steam for about 10 minutes or until cooked.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

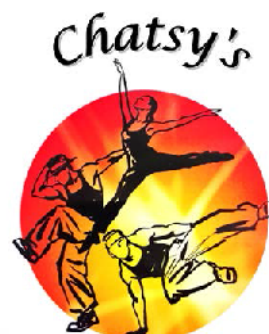


Community News

Tiny Tots
Ballet

Jazz

Hip Hop



Dance Studio

Ladies Dance
Fitness

Contemporary
Dance

Classes commence Thursday 28th July at Chatsworth Island Hall. Please see
www.facebook.com/chatsysdance for timetable and term fees. Email Lauren Moore at
chatsydancestudio@outlook.com or call on 0431082667 to enrol for term 3.

FATHER'S DAY SPRING FAIR

SUNDAY 4 SEPTEMBER

MACLEAN PUBLIC SCHOOL

9AM
TO
2PM

LASER TAG SUMO SUITS

WATERSLIDE PONY RIDES

MARKET STALLS JUMPING CASTLE

BARISTA COFFEE ANIMAL FEEDING

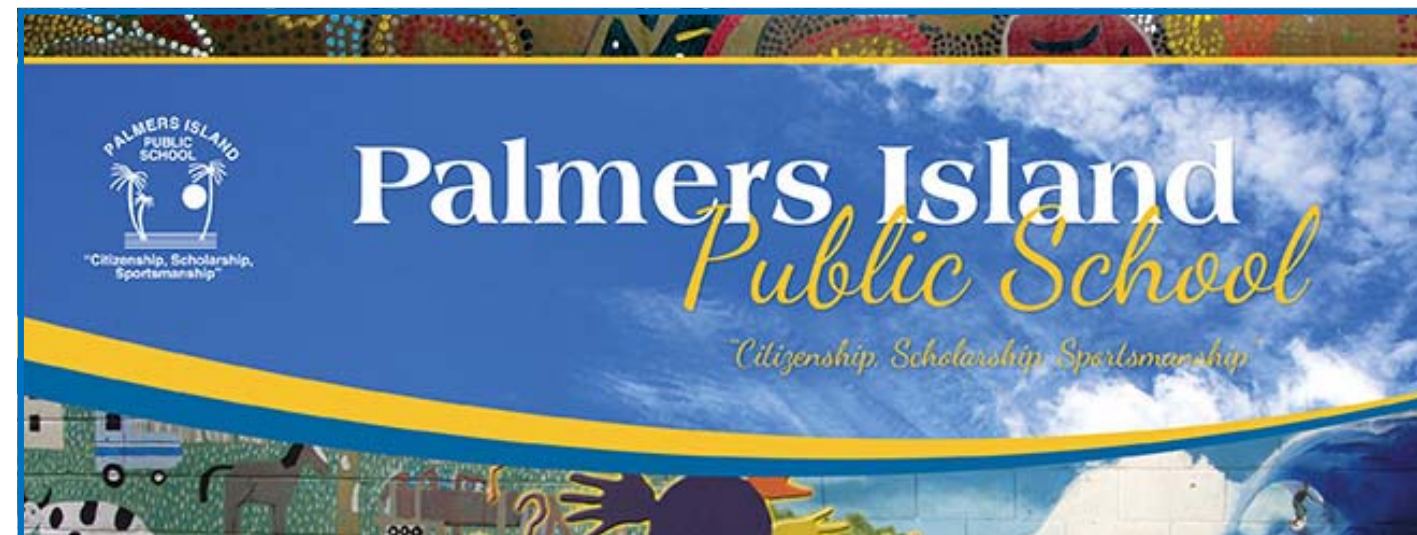
BBQ STUDENT PERFORMANCES CURRY



FREE GIFT FOR EVERY DAD



Maclean Public School, Woodford Street, Maclean



Yamba Road, Palmers Island NSW 2463 Phone: 02 6646 0114 Fax: 02 6646 0328 Email: palmersisl-p.school@det.nsw.edu.au

Palmers Island Public School Newsletter 15th August, 2016

Awards of the week



Principal News

16 students from Palmers Island will represent the Lower Clarence Small Schools at Lismore this Friday as part of the Regional Athletics Carnival. We wish them the very best and look forward to hearing about their experiences next week.

Last week Miss Smith undertook a school technology audit and training in preparation for our upcoming technology allocation from the Education Department. We will see new

technology ordered and delivered in Term 4 as part of this scheme. Miss Smith will also deliver training to staff at their weekly Professional Development meetings.

We welcome Ms Bennett back to the 2/3 classroom this week as Mr O'Brien's replacement. We thank Ms Bennet or Ms Angie, as the students call her, for her work at Palmers Island School.

The Platinum Day Rewards system has been under review along with the Palmers Island Public School Anti-Bullying Policy. Staff and students have been part of discussions however along with your survey input we would like the opportunity to present this information at the upcoming P&C meeting to parents and caregivers on Wednesday, 7th September 3.15pm. A draft will be sent home prior to this meeting for families.

The Kind Regards,
Ellie Wiseman



15th August 2016



- **Year 6 High School Transition**
Wednesday 17th August
- **Science Robotic Day**
Thursday 18th Aug
- **Zone Athletics**
Lismore
Friday 19th Aug
- **Premiers Reading Challenge closes**
Friday 19th Aug
- **Book Week**
22nd—26th August
- **Book Fair**
Monday 22nd August
- **Book Character Parade**
Friday 26th August 9.30am

FOOTY
Colours
Day

- **Friday 2 September**
School Banking day is:
Tuesday



TUCK SHOP

Date	Canteen Duty	Cooking Duty
22 Aug	Mel Swift	Kylie McIntyre Belinda Skelton
29 Aug	Gail Campbell Gina Sanna	Belinda Sanna Margie Johnson

School News

K/1 Class News

Week 5 already!!! This week K/1 are looking forward to participating in Science Week activities on Thursday. This will include a Drone demonstration and a Peer support activity to construct a robot. News topic information went home last Friday and involves observing and drawing changes that occur at night. Library and Sport day is Friday. Home reading folders are due in on Wednesday and Friday. Hope you have a great week.

Kind regards,

Ms Davies



2/3 Class News

Hello everyone and welcome to week 5. I cannot believe how fast this term is going. We are busy little bees in the 2/3 room as usual. This week is Science week and we are looking forward to our school's Robotics Day on Thursday. We have another Palmers Spelling Bee during week 7 so we can send a spelling team to compete in the Premier's Spelling Bee at Maclean PS on the 14th of September. A challenging list of words has been sent home with our year 3 students. They would love to spend some time going over the words with you at home. We are reading a new text in class titled 'Violet Mackerel's Brilliant Plot', and we are also doing a mini art unit on Pop Art. Lots of bright colour involved in this one! Have a great week,



Tegan Smith

4/5/6 Class News

For homework this week the children are asked to complete Unit 23 in their mental books. Complete some extra spelling activities in the August choice board. Get those "Home Reading" journals up to date. Practice your spelling words!

Remember that Year 6 shirt day Wednesday! Library day is Thursday.

Our Oz Chess Challenge continues! The children competing are able to go to www.chesschallenge.com.au click on "Learn Chess" to access free lessons. They have been given a password in class. www.chesskid.com is another recommended safe and anonymous site.

The children have a research project about Robotics. They will be working on this assignment over the next four weeks in class and will present their work in weeks 9 and 10.

National Science Week: Science Day: THURSDAY 18th AUGUST:

We are all looking forward to a great day on Thursday. 4/5/6 Robot

leaders need to have all materials prepared.

Mr Marcus Johnson will be talking to each class about Drones in the morning session. K/1 – 9:30, 2/3 – 10:00, 4/5/6 – 10:30

12:00 – 1:25 Children will work in Groups to construct the chosen Robot design with their group leader.

1:45 – 3:00 Robot movie

Athletics: Please return athletics notes for Lismore on Friday 19th August

High School Transition: this Wednesday 17th August the Year 6 students will attend their third transition day at Maclean High School, please complete and return your permission notes.

Basketball: one girls and one boys team will compete in the "Basketball Challenge Day" at the Raymond Laurie Sports Centre next Monday 22nd August, commencing at 9.30am and finishing by 2pm. Notes went home today.

HELP: Recycled materials are still needed before Thursday. Empty tin can (Smaller type), Cardboard rolls (from the centre of glad wrap or foil), empty tissue boxes x 6, plastic 1.25L bottle, cereal boxes, old CD's, kitchen gloves.

Cheers,

Kathy Hardaker



Well done to Chevy who received the Maclean High School 'River of Learning award' for his art work

22–26 August



Education Week Performances