

# Healthy Kids

## Body & Mind FREE workshop for parents

Grab a friend and come and enjoy this fun  
and informative half day workshop

Topics covered:

- Building resilience in our kids
- Tips on getting kids to eat healthier and exercise more

DATE: Thursday 16th March

TIME: 9am till 12:30pm

WHERE: Palmers Island Public School

Morning tea will be provided  
BOOKINGS ESSENTIAL

Contact: Angela Rock or Jo Duffy 66427257 or email FRSP@cranes.org.au



FAMILY RELATIONSHIP SKILLS PROGRAM



@CRANES Community Support Programs

## Community News

**Hope Lives in Relay For Life**

**Lower Clarence Relay For Life**  
Sat 18 & Sun 19 March 2017

I'm Danny, one of 300 Australians diagnosed with cancer every day.  
Hope lives in being here for my sons.  
Join Danny and the thousands of Australians who take part in Cancer Council's Relay For Life. This fun and moving overnight experience raises vital funds for research, prevention and support services.  
Register now at [relayforlife.org.au](http://relayforlife.org.au).

Register, Participate, Donate.  
1300 65 65 85  
[facebook.com/RelayForLifeAustralia](http://facebook.com/RelayForLifeAustralia)  
[relayforlife.org.au](http://relayforlife.org.au)  
Yamba Public School, Angourie Rd  
3pm Saturday to 9am Sunday  
[www.relayforlife.org.au/lowerclarence](http://www.relayforlife.org.au/lowerclarence)  
[www.facebook.com/lowerclarencerelayforlife](http://www.facebook.com/lowerclarencerelayforlife)

Yaegl Elders and the Harwood Island community  
invite you to  
**HARMONY DAY**  
At the Harwood Hotel  
Sunday 19<sup>th</sup> March 2017  
10am 'till late

*Celebrating the Clarence Valley's Multicultural Diversity*

The day will include:

- Welcome to country in Yagirr language.
- Food, music, dancing and entertainment representing the many cultures and people who make up our vibrant society.
- Children's games, facepainting and fun workshops.
- Arts and Crafts.
- Special guest speakers including John Ajaka the NSW minister for multiculturalism and lecturers from Macquarie University.
- Much, much more!

*We invite everyone to come along and take part in celebrating our uniqueness and diversity!*

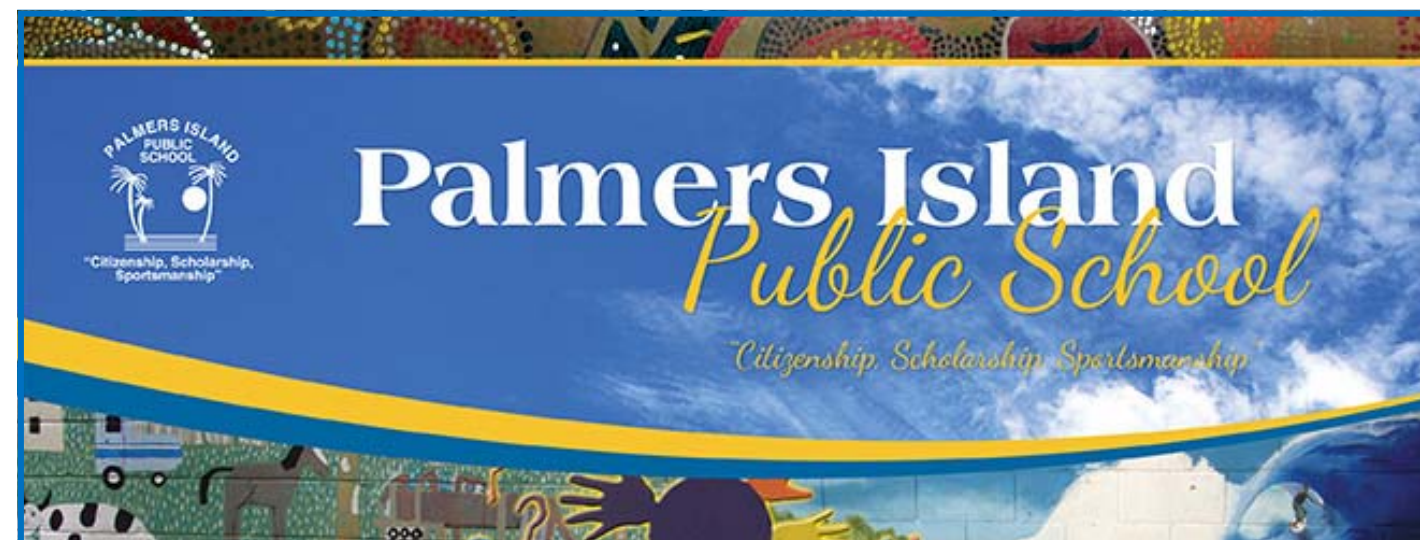
If you would like to share your cultural heritage, your music, your arts and crafts or anything else on this special day, please contact Kathleen on 0401861725 or [K.Werry84@gmail.com](mailto:K.Werry84@gmail.com)

## MD MIXED MARTIAL ARTS



GRAFTON – MACLEAN – ILUKA

MARK 0417456923 – [mdfreestyle@bigpond.com](mailto:mdfreestyle@bigpond.com) – [www.mdmixedma.com](http://www.mdmixedma.com)



Yamba Road, Palmers Island NSW 2463 Phone: 02 6646 0114 Fax: 02 6646 0328 Email: [palmersisl-p.school@det.nsw.edu.au](mailto:palmersisl-p.school@det.nsw.edu.au)

Palmers Island Public School Newsletter 13 February, 2017

## Awards of the week



## Principal News

### 2017 P&C COMMITTEE

Congratulations to our newly elected P&C committee

President - Kylie McIntyre

Vice President - Rachael Durrington

Treasurer - Gail Campbell

Secretary - Mel Swift

Fundraising Coordinators - Shelley Swift and Naomi Connock

Canteen Coordinator - Garbie Croft, Shelley Swift (assistant) Kelley Martini (assistant)

Uniform Shop - Kelly Crouch, Carley Grayson (assistant)

Kids in the Kitchen - Kylie McIntyre and Shelley Swift

It was great to see such a great number of people come along to the first P&C meeting and show their support. If you were unable to attend the P&C meeting minutes can be found on the Palmers Island School website or by joining the PIPS Facebook page.

### SWIMMING CARNIVAL

This was one of the best swimming carnivals I have been to as far as the effort and attitude displayed by students. Such a large proportion of students participating in all events and all showing great sportsmanship along the way. It made me very proud to be part of what was a great day. Thank you also to the families who came along to support and time events.

Permission notes along with event lists, will go home today for students who have made it on to the Small Schools Carnival which will be held in Maclean on Thursday. Best of luck to those attending.

### SURFING

Our funding has been approved for the school surfing however we were allocated a surf school from Coffs



13 February 2017



- **Class Meetings**  
**Wednesday, 15th February**  
K/1/2 3.10—3.30pm  
3/4 3.30—3.50pm  
5/6 3.50—4.10pm
- **Small Schools Swimming Carnival, Maclean**  
**Thursday, 16th February**
- **Zone NRPSSA Swimming Carnival, Lismore**  
**Thursday, 23rd February**
- **NRPSSA Tennis Lismore**  
**Tuesday, 28th February**
- **P & C Meeting**  
**Wednesday, 1st March**
- **5/6 Kids in the Kitchen**  
**Thursday, 2nd March**
- **Regional North Coast Swimming Carnival**  
**Wednesday, 8th March**
- **Year 6 Young Leaders Conference, Brisbane**  
**Monday, 13th March**

**School Banking**  
**day is:**  
**Tuesday**



Harbour. We are now awaiting a new submission from Sporting Schools to go to Surfing Australia to rectify this and fingers crossed this is something that still happens this term.

#### SCHOOL STREAM

We have 23 users signed up to the free school app 'School Stream'. Each day more and more is being loaded onto school stream and by tomorrow an online permission note for the carnival will be available also. If you require instructions on how to get this app please let us know. We hope that this will replace our Sentral text messages and alerts that we send through.

#### HALOGEN YOUNG LEADERS CONFERENCE

Year 6 leaders will travel to Brisbane on the 13th of March along with the other Clarence Valley Small Schools to attend the Halogen Young Leaders Conference. This years speakers will be Jade Hameister, Robbie Miller, Danielle Prince, Inspector Corey Allen and Samantha Skinner.

Information will go home today on how to access our new "Free" communication app 'School Stream.' We hope

Kind Regards,

Ellie Wiseman

### School News

#### K/1 Class News

Welcome to week 4 everyone. I'm looking forward to another great week ahead. We will be having a class meeting on Wednesday afternoon 3.10—3.30pm. Here we will discuss class routines, different programs we are using and you will have the opportunity to ask questions or get information that I haven't passed on to you yet. All year 1 and 2 students now have their reading and homework folders. These are to be returned each Friday. I encourage students to change their readers daily. Library is Wednesday, so please remember your library bags for that day!

Hope you all have a fantastic week.

Kind Regards,

Fiona Davies



#### 2/3 Class News

Hello everyone and welcome to week 3. I hope everyone managed to keep cool throughout that extremely hot weekend! Well done to all those students who participated in our swimming carnival last Thursday. I was so impressed with how well the students performed, and also with their monumental efforts. As part of our English Stars literacy program, this week we are practising effective speaking skills, and non-verbal communication. For Maths, we are focusing on time. We are also starting to learn how to code, and this week we are learning to write an algorithm using a set of commands to direct classmates to reproduce a drawing. I hope to see you at our class meeting on Wednesday afternoon 3.30—3.50pm, where I will discuss and answer everything there is to know about our fantastic 3/4 class and plans for the year, as well as catch up with and get to meet some of you, in order to support your child's learning journey for 2017. Thanks :)

Miss Smith

#### 4/5/6 Class News

We will be having a class meeting on Wednesday afternoon 3.50—4.10pm. Here we will discuss programs and plans for the year and you will have the opportunity to ask questions or get information. I hope to see you there.

Kind regards,

Kathy Hardaker

We have had a reported case of Impetigo (School Sores) and also a case of Conjunctivitis.

For Conjunctivitis students must not return to school until the discharge has stopped.


Impetigo—students must remain at home until treatment has begun. Cover sores on exposed surfaces with a water tight dressing.

For more information please see:

<http://www.schoolatoz.nsw.edu.au/en/wellbeing/health/too-sick-to-go-to-school>



**Your school now has a FREE app**  
Receive school information, instantly and directly to your smartphone



**How to download your FREE app**

- 1 From your mobile device go to the App Store (iPhone/iPad) OR Google Play (Android) search for **School Stream** and download the app to your phone
- 2 Make sure you agree to **push notifications**
- 3 Once School Stream has finished installing, open the app, type your school name into the search **THEN** select your school

For more detailed instructions go to [schoolstream.com.au/download](http://schoolstream.com.au/download)

**schoolstream**  
A smart solution for smart schools  
[www.schoolstream.com.au](http://www.schoolstream.com.au) • 1300 751 370

#### P&C News

**Memorabilia:** We still have tea towels \$15 and a book with photos, stories and memories from the last 150 years costing \$30. If you would like any of these items then please contact the office or the Facebook page.