

A dress rehearsal will be held on Thursday 1 June at 12.30pm. Students will perform their class dance routines (in full costume) as well as the school choir and choral speaking group. Parents and family members are most welcome to attend.

In regards to costumes, most of the items will be provided to the students. However please note that boys will need to wear their BLACK sports shorts and the 5/6 girls are to wear BLACK plain leggings. For the dance performance all girls will be wearing their hair in a high pony tail.

Thanks, **Jade Clare**

## The BIG Vegie Crunch



Did you know that only 5.4% of Australian children eat enough vegetables?

To encourage students to eat more vegetables, our school will be taking part in The Big Vegie Crunch (as part of Vegetable Week) on Thursday 25th May at 10 am.

Schools across NSW will be joining together to break the record for the most students crunching vegetables simultaneously.

What can you do to help?

- Pack a container of vegetables (not fruit) for your child to eat on the day
- Easy vegetables to pack include cucumber, celery sticks, capsicum strips, carrots, cooked corn on the cob and cherry tomatoes.
- Keep serving up the vegetables at home!

If you require more information on what activities our school is doing over Vegetable Week, please contact the school or your child's teacher.



## Community News

**Loving Life Day**  
!!!!YOUNG TALENT QUEST!!!!  
**VALLEY'S GOT TALENT!**  
Saturday 19<sup>th</sup> August 2017  
Starting 12 noon  
Market Square, Grafton

**For two age groups**  
Under 10 yrs & 10 to 14 yrs  
Singers, poets, novelty acts, dancers, musicians etc are all invited to apply...

**ENTRIES CLOSE 4<sup>TH</sup> AUGUST**

**Cash Prizes & Trophies awarded to the Winners in each age group!!!!**

**Entry forms available from:**  
Loving Life FM 103.1  
91 Fitzroy Street  
Grafton NSW 2460  
OR  
Buckley's Grafton Music  
2137-1327 Prince Street  
Grafton NSW 2460  
Email: Julie Dickson (02) 6642 9097

**Love Food Save Money**  
Free cooking workshops for busy parents

Would you love to save \$1,000 a year for your family simply by wasting less food?

**Then you will LOVE our Love Food Save Money FREE cooking workshops!**

Evans Head: 9<sup>th</sup> June: 6pm - 8.30pm  
Ballina: 16<sup>th</sup> June: 6.30 - 9pm  
Kyogle: 22<sup>nd</sup> June 6.00 - 8.30pm  
Byron: 23<sup>rd</sup> June 6.30 - 9pm  
Grafton: 30<sup>th</sup> June 6.00pm - 8.30 pm

**Bookings essential** TO REGISTER:  
Go to [www.newaste.org.au](http://www.newaste.org.au) to register on-line or phone 0427 770 198

**NSW GOVERNMENT EPA LOVE FOOD newaste**

## P & C News

Next P&C Meeting will be:

**Wednesday, 7th June**

If you would like anything added to the P&C Meeting agenda please email

[pipspc2463@gmail.com](mailto:pipspc2463@gmail.com) prior to the meeting.



**Afternoon Art Lessons**  
Starting Monday 22<sup>nd</sup> May, 2017  
At Palmers Island Public School

Program Facilitator Kerrie Howland is a local artist and qualified art educator - Bach. Vis. Arts & Dip. Ed.  
Kerrie has over 15 years experience in visual arts education

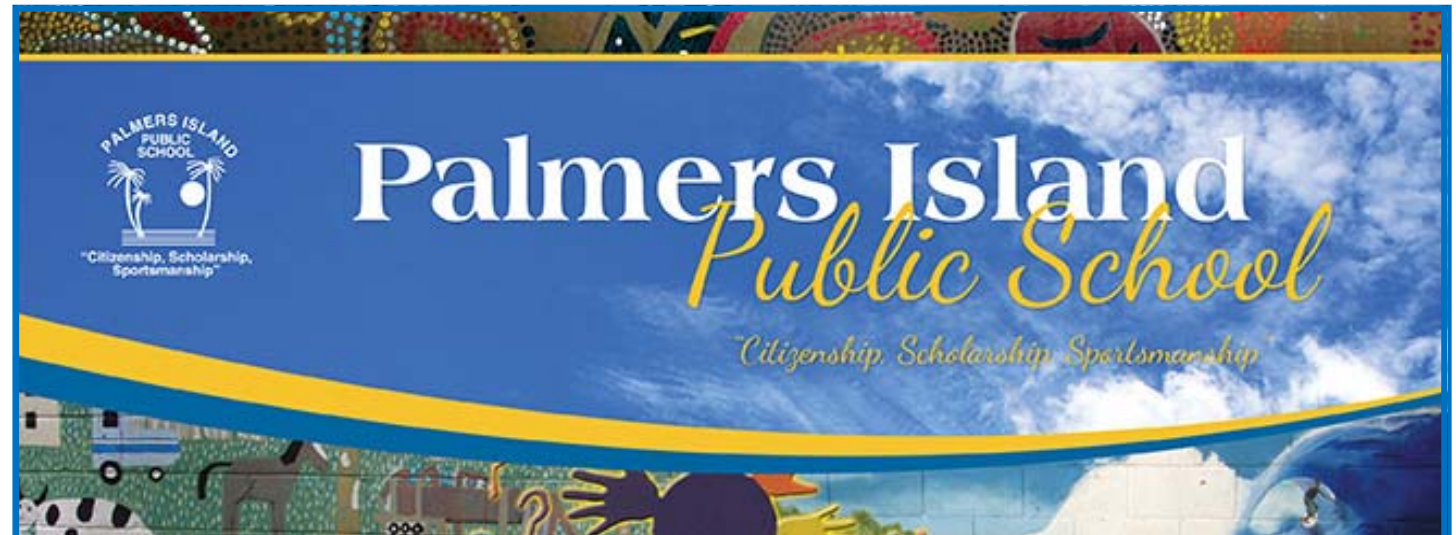
"As an art educator I'm always learning...especially when surrounded by creative young people. My teaching processes do not involve assessment or competition. I find it encouraging when students create something new and individual outside the boundaries of a particular activity. I believe this in turn empowers the individual to build confidence and self-worth. My role is to guide students towards their own creative goals though introducing hands on interactive activities and materials"

For details and enrolment contact Kerrie:

0438934304 or [kerriehowland@outlook.com](mailto:kerriehowland@outlook.com)

**ANIMALS & US**

17 JUNE - 30 JULY  
10:00 - 4:30 DAILY  
ENTRY \$5.00  
YAMBA MUSEUM



Yamba Road, Palmers Island NSW 2463 Phone: 02 6646 0114 Fax: 02 6646 0328 Email: [palmersisl-p.school@det.nsw.edu.au](mailto:palmersisl-p.school@det.nsw.edu.au)

**Palmers Island Public School Newsletter 22nd May, 2017**

**Congratulations to our Students of the Week!**

## Principal News

I would like to welcome Mrs Essex to our school as the student support officer in 5/6, whilst Bryce is relieving in the 3/4 classroom. Also as the weather continues to get cooler I would like to remind families of the correct winter uniform. Navy tracksuit pants or pants for boys and Navy tracksuit pants or stockings for girls along with the school jumper which is available any day at the office. Long sleeve tops under short sleeve uniform is not part of our school uniform.



### Whooping Cough Alert

Unfortunately Palmers Island has seen it's first case of Whooping Cough. If your child is unwell it is suggested that you seek medical advice from your doctor. A fact sheet has been included in the newsletter for parent and caregiver information. A reminder for families to check the "Too sick for school" website that gives information about infection periods for all sicknesses.

<http://www.schoolatoz.nsw.edu.au/wellbeing/health/too-sick-to-go-to-school>

### Opportunity Groups

Mrs Doyle will begin her first lessons in Visual Arts and Coding today. She will also be offering 'Code Club' at lunchtimes for those students who have an interest in this area regardless of their experience or age.



### Bottle Tops

We are on the search for Plastic bottle or jar tops. Could everyone please keep your milk, juice, vegemite or yogurt tops (etc) and bring them into school clean. Mrs Doyle and her Artists would like to use them for an artwork.

### Athletics Practice

In anticipation for our upcoming athletics carnival, students will start participating in Athletic Field Practice each Thursday afternoon as a whole school. Please ensure that your child brings a hat as none of the field events are undercover.

### Action Plans

Action Plan reminders are going home to anyone who has been identified with an allergy or asthma. These plans need to be reviewed annually by a medical practitioner.

Kind Regards, **Ellie Wiseman**



22 May 2017



- **5/6 Kids in the Kitchen**  
**Tuesday, 23rd May**

- **Big Veggie Crunch**  
**Thursday, 25th May**



- **Zone Cross Country**  
**Friday, 26th May**

- **Macleay High School**  
**Legally Blonde**  
**Performance Years 5/6**  
**Friday, 2nd June**

- **Eisteddfod Dress**  
**Rehearsal 12pm**

- **Thursday, 1st June**

- **P&C Meeting**  
**Wednesday, 7th June**

- **Grafton Eisteddfod**  
**Tuesday, 6th and**  
**Wednesday, 7th June**

**School Banking Day is**  
**Tuesday**



#### Whooping Cough Alert

There has been a reported case of Whooping Cough (Pertussis).

Please take note of the attached Whooping Cough fact sheet.

If infected, you should stay away from school until antibiotic treatment is completed. Should your child develop any of the symptoms, it is recommended that you consult your family doctor.

## School News

### K/1/2 Class News

Welcome to week 5 everyone.

Another busy week ahead. This week in literacy, Kindergarten will be participating in activities based around the sounds 'p' and 'o', whilst Year 1 and 2 will be looking at words that have 'ee' as in bee, 'e' as in me and 'ea' as in seat in them. Maths stations are continuing to be a success and provide students with a variety of ways to develop their maths learning.

The Big Veggie Crunch is 10am this Thursday. As a school we will gather at this time to crunch into our vegies.

The Eisteddfod is only weeks away so we will be busy practising both our dance and choir performances this week.

I will be attending the continuing L3 literacy training on Tuesday and Mrs Tranter will be taking K/1/2 in my place.

Remember Library is Wednesday and Gymnastics for sport on Friday.

Have a great week.

Kind Regards, **Ms Davies**

### 3/4 Class News

Welcome to week 5 at PIPS!

It has certainly been a busy time for the 3/4 students. There have been soccer and touch football tryouts as well as cross country and eisteddfod practise happening. Many of the children enjoyed a football session with Danny Wicks last week where they picked up some hot tips to improve their football skills. We have also been busy painting props and getting our costumes organised for the upcoming Eisteddfod.

It was great to see the submissions that students presented to be a part of the Coding and Arts Opportunity Groups. I know that those students will work hard and enjoy the extra learning opportunities coming their way.

We have found that the technology corner has been getting messy, with the cords and chargers becoming tangled. So, we will be collecting bread clips to separate the cords in an attempt to keep the area clean. These can be sent in at any time as our resident technology guru Bryce sets the area up.

It was great to see so many children return homework last week! Please remember that our library session is on Monday with Ms Tranter. I would like to see children borrowing chapter books and recording their reading in their home reader books. I am yet to see any of these returned. There is a home reader display in our room, and so far no one has reached the minimum benchmark of 25. Bring them in so I can have a squiz please!

The Big Veggie Crunch is 10am this Thursday. As a school we will gather at this time to crunch into our vegies.

Have a great week!

Kind Regards, **Ms Clare**

### 5/6 Class News

#### Debating

I would like to thank the parents and carers who took our debaters to Alstonville Public School last Tuesday. The children (and myself) have gained an enormous amount of knowledge about how to be a great debater. Our first debate will be against Yamba Public School soon. We will pick our first team this week.

#### Homework

This week in spelling we are looking at the sounds 'l, ll' as in lizard and bell. The maths worksheets are looking at the Measurement and Geometry strand, for Year 5 and the Number and Algebra strand for Year 6.

#### PSSA tryouts

Congratulations to those students who participated in the PSSA tryouts with enthusiasm and for all of the right reasons to make it in sport at the next level. In basketball: the second tryout day, Tully has qualified as second reserve. In Touch Football: Lachlan and Sam have made it through to the next round of tryouts on Monday 5th June. Liam qualified as second reserve.

Students will have Library and History on Wednesday morning with Mrs Tranter.

#### Peer Support

We commenced our Peer Support program last Friday. Congratulations to our leaders for demonstrating great leadership. Over the next two terms the Year 6 will lead small groups of children through activities to assist students to build self-esteem, skilling them to cope with the challenges of day to day life, while learning how to support each other to make safe and healthy life decisions.

#### Kids in The Kitchen

5/6 will be in the kitchen, tomorrow, Tuesday 23rd May. Please return any late notes and money in the morning. Thank you helpers, it always makes these days run smoothly. I would like to pass on a special thank you to Kylie McIntyre and Michelle Swift helping with menus, shopping, setting up and cleaning up as the Kids In the Kitchen co-ordinators.

#### BIG VEGGIE CRUNCH

As part of Fruit and Veggie Month we will participate in the Big Veggie Crunch. At 10am on Thursday 25th May the whole school will gather to 'CRUNCH' their favourite vegetable. Please ensure your child has a piece of vegetable on this day. Some suggestions are: celery, capsicum, carrot, beans, zucchini, broccoli, peas, snow peas, mushrooms.

Good Luck to the children travelling to Corndale for Northern Rivers Cross Country this Friday 26th May.

#### Athletics

We will commence practice for our upcoming Athletics carnival this Thursday afternoon. The children will practice each Thursday afternoon to prepare their skills in High Jump, Long Jump, Shot Putt, Discus and Relay for our school Athletics carnival on 26th and 27th June (week 10).

Ms Hardaker is away this week and will be replaced by Mrs Roberts. Ms Hardaker has left her programmed work, so it will be business as usual including Kids in the Kitchen which students need to return their notes for tomorrow.

Kind Regards, **Ms Hardaker**

#### Eisteddfod News

We have been busy at PIPS getting ready for the Grafton Eisteddfod. The dates have been set as Tuesday 6 June and Wednesday 7 June. When we know the exact times and details we will let you know!

