

# PALMERS PRESS

*Palmers Island Public School Newsletter*



## *Whats On*

**BOOK CLUB ORDERS**

**THURSDAY  
21 OCTOBER**

**YR 6 HIGH SCHOOL  
TRANSITION DAY**

**WEDNESDAY 27  
OCTOBER**

**DAY FOR DANIEL  
WEAR RED**

**FRIDAY 29  
OCTOBER**

**BOOK FAIR & BOOK  
CHARACTER PARADE**

**WEDNESDAY  
3 NOVEMBER**

## **PRINCIPALS NEWS**

**Welcome to week 3**

Our school and region continue to operate on Level 3 restrictions. For our school this means essential visitors only to be allowed onsite. Masks must be worn by staff indoors. It is recommended that primary students wear masks indoors. COVID hygiene and cleaning measures are in place daily. Students and staff are not to attend school if they have the mildest of cold or flu symptoms and is recommended that they get a COVID test. If your child or a member of your household becomes infected with COVID-19, please contact the school immediately.

## **High School Transition Day**

Year 6 students will travel to Maclean High School next week on Wednesday for a big day of activities as part of their transition to High School program. Abi and Isaac's group will participate in CAPA - Dabbling in the Arts, Science Experiments, and Geography - Getting to know the school along with students from neighbouring schools. A BBQ lunch will be provided on the day. A permission note was sent home yesterday.

## **Day for Daniel**

Next week on Friday we will be participating in 'Day for Daniel'. Students are asked to wear red and bring a gold coin donation to support this cause. The students will participate in activities focused on keeping safe. These activities focus on both online and physical safety.

## **Book Week Fair**

The book fair will be held in Week 5, commencing Monday 1st - Friday 5th November. Families are welcome to come and look at the book fair. To comply with Covid safety restrictions, we will be taking 10-minute bookings, to allow families the chance to check out the wonderful range of books available for purchase. Please contact the office to book in a time.

The Book Character Parade will be held on Wednesday, 3 November at 9.30am. Come dressed as your favourite book character. Families of students are welcome to attend.

## **Hot Dog Day - Year 6 Fundraiser**

On Wednesday 3rd November Year 6 will hold a hot dog day to fundraise money to finish the chicken coop. Hot dogs are \$3.50 and icy poles are \$0.50 each. An order form will go home next week.

Book your tour today!

### Palmers Island Public School

Join our Small School with specialist teachers, caring nurturing environment providing opportunity and to all students.

Our Pre-Kinder Program runs throughout term 3 & 4.

### Pre Kinder Program 2021

TAKING ENROLMENTS FOR 2022

CONTACT US  
66460114  
PALMERSISL.P-SCHOOL@DET.NSW.EDU.AU

## **Accepting Enrolments now**

If you know of any families looking to start their child in 2022 please share this information with them or for further information please get them to contact our office. We are accepting enrolments now.

Our Pre-Kinder transition program has recommenced with Wednesday full-day lessons through-out the term. Our PreKinder students will participate in full day readiness programs so they are fully integrated and ready to start at day 1 in 2022.

Miss Ellem has reported our Pre-Kinder students are working beautifully each Wednesday.

## Selective high school placement process for placement in Year 7 in 2023

Applications for Year 7 entry to selective high schools in 2023 are now open. Applications will close on 17 November 2021.

Find information about the application and placement process and apply online at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

All applicants are required to sit the Selective High School Placement Test to be held on Thursday 10 March 2022.

The application dashboard system enables parents to log in to make updates and add attachments even after an application is submitted. Parents can also communicate directly with the High Performing Students Team through the system's 'messages' feature.

Parents having difficulty completing or submitting an application, can contact the High Performing Students Team by email [ssu@det.nsw.edu.au](mailto:ssu@det.nsw.edu.au) or by calling 1800 880 367.

Keep updated on the selective high school placement process at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

### Aurora College virtual selective school

Aurora College is the NSW Department of Education's virtual selective school. Aurora offers selective classes in English, mathematics and science to gifted and talented Year 7-10 students from rural and remote areas across NSW. Students are chosen in the same way as students in all other selective classes in NSW government schools - via the NSW Selective High School Test.

## Connect locally, learn globally ...

### Join the virtual school for rural and remote students

Aurora College is NSW's virtual school for high potential and gifted students in rural and remote government schools.

Our school provides innovative, flexible learning in a whole new context, by allowing students to connect locally and to learn globally.

The 'bright lights' of Aurora learn with their classmates from across the state in timetabled lessons using cutting-edge technologies in a virtual learning environment.

Aurora teachers are highly qualified and experienced subject experts with specialised training in delivering best practice learning and teaching to high potential and gifted students.

Applications for placement in Year 7 in 2023:

- open Tuesday 19 October 2021
- close Wednesday 17 November 2021

For further information, visit [www.aurora.nsw.edu.au](http://www.aurora.nsw.edu.au) or phone 1300 287 629.



For enrolment information, please visit:  
<https://aurora.nsw.edu.au/our-school/enrolment-information/>



# COVID-Safe School Operations

## Overview

## Guidance on mask wearing

<p><b>Level 1</b></p> <p>School operating in a COVID-safe/ COVID-normal way</p>	<ul style="list-style-type: none"> <li>Schools can operate in a COVID-normal way</li> <li>Students and staff to not attend school if they have symptoms; negative COVID-19 test required prior to returning to school</li> <li>Parents, carers and visitors are allowed on-site</li> <li>QR code check-in and check-out required for all staff and visitors</li> <li>COVID safety plans required in line with NSW Health advice (such as large gatherings or events)</li> <li>Activities such as singing, chanting, choirs, bands and school performances allowed in line with broader Health settings</li> </ul>	<ul style="list-style-type: none"> <li>Inter-school sport in line with community sport guidelines</li> <li>Community use in line with broader Health settings</li> <li>SRE/SEE (externally provided religion and ethics classes) operational</li> <li>Community Language Schools operational</li> <li>P&amp;C on site</li> <li>Additional cleaning measures in place</li> <li>Further detailed guidance available on the Department's website.</li> </ul>	<ul style="list-style-type: none"> <li>Staff and students are supported to wear a mask or face covering should they choose to do so.</li> </ul>
<p><b>Level 2</b></p> <p>COVID-safe; restrictions on activities and non-essential visitors</p>	<p>As per Level 1, except:</p> <ul style="list-style-type: none"> <li>Non-essential visitors not allowed on-site (including parents and carers)</li> <li>Mask wearing recommendations</li> <li>Staff identified as vulnerable supported to work from home</li> <li>Activities such as singing, chanting, choirs, bands and school performances allowed in outdoor settings only</li> <li>Assemblies must have COVID-Safe practices in place and no parents/ carers are allowed</li> </ul>	<ul style="list-style-type: none"> <li>Excursions within Local Government Area only, and strongly recommended to be outdoors and within walking distance</li> <li>Further detailed guidance available on the Department's website.</li> </ul>	<ul style="list-style-type: none"> <li>While in indoor settings in schools, masks or face coverings are recommended for all staff, and all students in Year 7 and above.</li> </ul>
<p><b>Level 3</b></p> <p>COVID-safe; further restrictions on activities and non-essential visitors</p>	<p>As per Level 2, except:</p> <ul style="list-style-type: none"> <li>Mask wearing requirements</li> <li>Introduction of staggered breaks and reduced mingling of student cohorts wherever possible</li> <li>Activities such as singing, chanting, choirs, bands and school performances not permitted</li> <li>No assemblies</li> <li>No excursions</li> </ul>	<ul style="list-style-type: none"> <li>No community use (except early childhood services and OOSH services)</li> <li>No uniform shops</li> <li>No SRE/SEE (externally provided religion and ethics classes)</li> <li>No Community Language School on site</li> <li>Further detailed guidance available on the Department's website.</li> </ul>	<ul style="list-style-type: none"> <li>While in indoor settings in schools, masks or face coverings are required for all staff, and all students in Year 7 and above.</li> </ul>
<p><b>Level 4</b></p> <p>Learning from home encouraged, schools are open for families who need it</p>	<ul style="list-style-type: none"> <li>Families are encouraged to keep their children at home, with no student to be turned away</li> <li>Schools activate plans to support continuity of education for all students learning from home.</li> </ul>	<p>Where students and staff are at school, Level 3 guidelines apply, except:</p> <ul style="list-style-type: none"> <li>No community use (except early childhood services)</li> <li>No canteens</li> <li>Further detailed guidance available on the Department's website.</li> </ul>	<ul style="list-style-type: none"> <li>While in indoor settings in schools, masks or face coverings are mandatory for all staff, and all students in Year 7 and above.</li> </ul>

# CLASSROOM NEWS - MR LITTLE & K/1/2

WEEK 3 - Term 4

Hello from K, 1, 2,

Not long now until I'll be called off for my second baby. I'm very excited of course and looking forward to sharing photos of it after my break. We don't know yet if it's a boy or a girl but we will share the news when we know. Name suggestions include 'Isabelle' from Lani, 'Isaac' from Hunter, 'Spike' from Aijah and 'Blaze' from Keegan. The students are excited but some aren't looking forward to me leaving which is very sweet.

Kindies have been writing about 'Lucy Goosey', a book about a goose whose name is Lucy. My class have been learning new Tricky words, FLoSS and ZaCK words and /ee/ sounds made by 'y' and 'ey' at the end of the word such as 'lucky', 'puppy' and 'Lizzy'. Ms Ellems group has been reading factual texts about paper, a book called 'Collecting Colour' and answering comprehension questions about the text. In our maths sessions we have completed some of our testing and have been working hard to complete and start new units. Kindies have started to learn about making things equal. Year one have been reading and writing teen numbers and counting by tens. Year two have been doing extension activities, additions and subtractions and have started a unit on patterns.

A note about homework. Homework is a little different this term. I wanted to give our students opportunities to extend their skills and knowledge in literacy and numeracy beyond our lessons. In Literacy, for kindies this means keep reading, keep doing your Initialit activities. For my class, there is spelling to do, an Initialit workbook (we are up to lesson 103 btw) and reading. For Ms Ellem's class, there is Initialit Tricky words to complete and some students will use books that can be accessed from the library. In Numeracy, all students will have a workbook labelled with week-by-week activities starting next week till the end of the term. Homework is beneficial to the students to build on their understanding of our lessons, and bring class discussion home. If you have any questions let me know.

Kind regards  
Mr Little

# CLASSROOM NEWS - MR BURGESS & 3/4/5/6

WEEK 3 - Term 4

Good morning parents, the students have been settling back into their classroom routines and are making great progress in their literacy and numeracy.

In Literacy the class are each completing units on poetry. Students are investigating features of poetry such as rhyme, rhythm, onomatopoeia, personification and alliteration. Students have explored writing acrostic poems and will continue to experiment creating different types of poetry.

Students are continuing to work hard in their weekly numeracy topics. Year 3 and 4 are currently completing a time unit. Year 5 are developing written division strategies and Year 6 are working on multiplying and dividing decimal integers.

Our afternoon sessions have been busy completing our Geography unit on the world's cultural diversity. Students are examining different cultures of the world, including different indigenous groups. Students will also get a chance to learn about and conduct their own further research on the history, location and customs of indigenous cultures in Asia and around the globe.

Regards,  
Mr Burgess

# CLASSROOM NEWS - MRS ESSEX

WEEK 3 - Term 4

## Student Wellbeing

Mrs Wiseman and I are currently undertaking a professional development course that focuses on student wellbeing and mental health. A student's mental health and wellbeing are addressed in our curriculum. We want our students to be able to start recognising and regulating emotions, developing empathy for others and understanding relationships, establishing and building positive relationships, making responsible decisions, working effectively in teams, handling challenging situations constructively, and developing leadership skills. As teachers, we are encouraged to consider how to best support students to develop these capabilities across all learning areas.

**What is mental health** – The World Health Organisation defines mental health as “a state of well-being in which each individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her own community”.

Given the nature of the last couple of years with the Covid -19 pandemic and the growing influence of social media our student's emotional well-being is a focus for us here at PIPS. A student's wellbeing and social connectedness will have an impact on the individual as they get older.

**What the research tells us** - having good school and social connectedness at Year 8 was associated with the best outcomes in later years. Those students with both poor social and school connectedness were at higher risk of displaying anxiety or depressive symptoms. Students with higher levels of emotional, behavioural, social, and school wellbeing, on average, have higher levels of academic achievement and are more engaged in school, both at the time and in later years.

- As students move through the school system, emotional and behavioural wellbeing become more important in explaining school engagement, while demographic and other characteristics become less important.
- Students with better attention skills experience greater progress across all year groups. Those who are engaged in less troublesome behaviour also make more progress and are more engaged in secondary school.

Here at PIPS we explicitly teach wellbeing units and engage in different programs for self-regulation and reflection. We also introduce structured games and groups that give us the opportunity to teach new social skills. There are many different ways we can help to support a student's Mental Health and wellbeing, we often work with other allied health professionals.

If you have any questions or if you are concerned about your child's wellbeing, please don't hesitate to contact us here, or talk to your GP.

Next week we will look at different types of Mental Health problems and disorders.





# COMMUNITY NEWS



## CREATIVE ART KITS \$120

Use your \$100 creative kids voucher to purchase

The Creative Art Kits for kids at home have been very popular. I will continue to create the kits for families who love having quality creative educational activities and materials for their children.

In the kit I have included a 6 lesson program with instruction and worksheets + all materials which includes Watercolour disk set, brushes, paper, air dry clay, glue, coloured collage paper, woodless pencil set in tin, sharpener and eraser + oil pastels.

Order now by contacting Kerrie 0488 070 069  
[info@yambaartspace.com](mailto:info@yambaartspace.com)

## Personalised Puzzles!

2 x S/M Puzzles or  
1 x LARGE Puzzle

[www.kidzjigz.com.au](http://www.kidzjigz.com.au)



*\*Creative Kids Vouchers Accepted*

# COMMUNITY NEWS

## Yamba Touch Football Junior Comp 21/22

Potential competition categories:  
(depending on team numbers)

**\*Please note that this is a guide only- register teams based on the ability of players**

- Year 1 & 2 (mixed, girls or boys)
- Year 3 & 4 (mixed, girls or boys)
- Year 5 & 6 (mixed, girls or boys)



Wednesday Afternoons

5pm- 5:30pm

\$40 per player (6-12 years)

\$50 per player (13 years and older)

Register as a team

Competition runs

1st DECEMBER 2021 - 16<sup>TH</sup> MARCH 2022

Angourie Sports Fields

**Yamba Touch is an Active Kids Provider for the 2021 Competition**

### Does your child have a team?

**Step 1- Nominate a team manager to register the team.** The team manager will follow these steps:

- Google search: Touch Football Australia and click on their website.
- Click on 'Register' on the top right hand of the screen.
- Select 'Register a Team'
- Search 'Yamba' and select the division you wish to register in.
- Complete your details to register your team.

**Step 2- Let your team know the Team Name and that you have completed the above process.**

**To register as a player:**

- Google search: Touch Football Australia and click on their website.
- Click on 'Register' on the top right hand of the screen.
- Select 'Player'
- Search your Team Name and select your team.
- Complete your details and payment.

*Each individual player must register and pay before taking the field.*



## AGM NOTICE

Yamba Football Club is hosting its Annual General Meeting (AGM) on Monday 1st November at 6pm at the Yamba Football Clubhouse.

We welcome new faces to come down and volunteer to join this great committee.

There are a number of Committee members who will be stepping away from the club after many years of volunteering as their children are no longer playing.

Without more people stepping up and joining the committee, I'm afraid there won't be a club to play for, as without volunteers and a functioning committee, there can be no club.

All positions will be open and some of these positions are: Club President, Junior President, Secretary, Treasurer, Registrar, Coaching Co-ordinator, Communication and PR Officer, Canteen Co-ordinator.

Your support will be greatly appreciated.



## Sunsmart Snippet

### Don't forget your eyes



**Sunglasses don't have to be expensive to be effective**

When choosing sunglasses, ensure they meet the Australian Standard for eye protection, choose category 2 or higher and look for an Eye Protection Factor (EPF), ratings of 9 or 10 provide excellent protection.



[www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)

## Active Kids & Creative Kids Vouchers



The **Active Kids** program is a NSW Government initiative that encourages kids to be more physically active. Two \$100 vouchers can be claimed each year by parents and guardians of school children aged 4.5-18 years. The vouchers can be used for enrolment fees in sport and active recreation. The second voucher is now available and is ready to be claimed and used!

The **Creative Kids** program provides a \$100 voucher per calendar year for school children aged 4.5-18 years. Vouchers can be used for tuition costs for performing & visual arts, dance, coding, languages, literature, music and other eligible creative and cultural activities. Engagement in creative activities benefits children's interpersonal, intellectual, social and emotional development.

Find an Active Kids or Creative Kids provider on the Service NSW website or ask your local activity provider if they accept the vouchers.

### How to claim your voucher

- 1 Visit [service.nsw.gov.au](http://service.nsw.gov.au) and login to your MyServiceNSW Account.
- 2 Click on the Active Kids icon found in your SERVICE tab.
- 3 Fill out the requested information (you will need your current Medicare card).
- 4 Print a copy of each voucher or email it to yourself.

### Ideas for Active Kids Vouchers:

Skating	Rugby League
Bowling	Rugby Union
Martial Arts	Basketball
Horse Riding	Futsal
Swimming	Table Tennis
Surf Life Saving	Tennis
Athletics	BMX
Golf	Gymnastics
Cricket	Hockey
Netball	Rowing
Soccer	Dance
Touch Football	Orienteering
Many other sports and recreations	