

# PALMERS PRESS

*Palmers Island Public School Newsletter*



P&C MEETING  
5.30PM

THURSDAY  
29 JULY



SMALL SCHOOLS  
ATHLETICS CARNIVAL

30 JULY



CRAZY HAIR DAY

WEDNESDAY  
4 AUGUST

## *Whats On*

### PRINCIPALS NEWS

Welcome to week 2

Thank you to all our families who have supported the latest directives from NSW Health and Education. As circumstances are changing we will keep you up to date via class dojo. Just a reminder that the advice is **All staff and students are expected to be at school unless they have even the mildest of COVID symptoms.**

On a much brighter note, the school grounds look wonderful and students are enjoying the new facilities completed during the school holidays.

## **Athletics Carnival**

Well done to all students who participated in last weeks annual athletics carnival. As always I was so impressed with students sportsmanship and have a go attitude. Congratulations to our age champions and those progressing to our Small School Carnival to be held in Iluka on Friday 30th July. Notes will go home tomorrow. Unfortunately our Ribbon order has been delayed. We look forward to our new look custom ribbons hopefully arriving soon.

Juvnille Boys - Hunter Cooper & Billy Robinson  
Juvnille Girls - Mackenzie Croft  
Junior Boys - Levi Harvey  
Junior Girls - Isla Old  
11yrs Boys - Asher Rhynard  
11yrs Girls - Emilie Pugliese  
Senior Boys - Isaac Donnelly  
Senior Girls - Abigail Funnell



## **Family Fun Day**

Thank you to those who joined us in opening our new tennis courts on the last day of school. It was a great day had by all. Thank you to Mr Jurd and the demonstration team who inspired us for our tournament. Congratulations to Keegan and Aaron Bylos who were our tournament winners and team Douglas who were our runners up.

Book your tour today!

### Palmers Island Public School

Join our Small School with specialist teachers, caring nurturing environment providing opportunity and to all students.

Our Pre-Kinder Program runs throughout term 3 & 4.

### Pre Kinder Program 2021

**TAKING ENROLMENTS FOR 2022**

CONTACT US  
66460114  
PALMERSISL.P-SCHOOL@DET.NSW.EDU.AU

## **PreKinder and 2022 Enrolments**

If you know of any families looking to start their child in 2022 please share this information with them or for further information please get them to contact our office. We are accepting enrolments now.

Our Pre-Kinder transition program is getting ready to start in Term 3. We look forward to welcoming our new enrolments to Wednesday 1/2 day lessons through-out the term. In Term 4, our PreKinder students will participate in full day readiness programs so they are fully integrated and ready to start at day 1 in 2022.

## **Bi Annual Fete**

Our P&C have started planning for our bi-Annual fete to be held in August. If you wish to be a part of the planning please place your name with the office. This is a great fundraising opportunity for our school. Please see poster in this weeks newsletter

# COVID-Safe School Operations

## Overview

## Guidance on mask wearing

<p><b>Level 1</b></p> <p>School operating in a COVID-safe/ COVID-normal way</p>	<ul style="list-style-type: none"> <li>Schools can operate in a COVID-normal way</li> <li>Students and staff to not attend school if they have symptoms; negative COVID-19 test required prior to returning to school</li> <li>Parents, carers and visitors are allowed on-site</li> <li>QR code check-in and check-out required for all staff and visitors</li> <li>COVID safety plans required in line with NSW Health advice (such as large gatherings or events)</li> <li>Activities such as singing, chanting, choirs, bands and school performances allowed in line with broader Health settings</li> </ul>	<ul style="list-style-type: none"> <li>Inter-school sport in line with community sport guidelines</li> <li>Community use in line with broader Health settings</li> <li>SRE/SEE (externally provided religion and ethics classes) operational</li> <li>Community Language Schools operational</li> <li>P&amp;C on site</li> <li>Additional cleaning measures in place</li> <li>Further detailed guidance available on the Department's website.</li> </ul>	<ul style="list-style-type: none"> <li>Staff and students are supported to wear a mask or face covering should they choose to do so.</li> </ul>
<p><b>Level 2</b></p> <p>COVID-safe; restrictions on activities and non-essential visitors</p>	<p>As per Level 1, except:</p> <ul style="list-style-type: none"> <li>Non-essential visitors not allowed on-site (including parents and carers)</li> <li>Mask wearing recommendations</li> <li>Staff identified as vulnerable supported to work from home</li> <li>Activities such as singing, chanting, choirs, bands and school performances allowed in outdoor settings only</li> <li>Assemblies must have COVID-Safe practices in place and no parents/ carers are allowed</li> </ul>	<ul style="list-style-type: none"> <li>Excursions within Local Government Area only, and strongly recommended to be outdoors and within walking distance</li> <li>Further detailed guidance available on the Department's website.</li> </ul>	<ul style="list-style-type: none"> <li>While in indoor settings in schools, masks or face coverings are recommended for all staff, and all students in Year 7 and above.</li> </ul>
<p><b>Level 3</b></p> <p>COVID-safe; further restrictions on activities and non-essential visitors</p>	<p>As per Level 2, except:</p> <ul style="list-style-type: none"> <li>Mask wearing requirements</li> <li>Introduction of staggered breaks and reduced mingling of student cohorts wherever possible</li> <li>Activities such as singing, chanting, choirs, bands and school performances not permitted</li> <li>No assemblies</li> <li>No excursions</li> </ul>	<ul style="list-style-type: none"> <li>No community use (except early childhood services and OOSH services)</li> <li>No uniform shops</li> <li>No SRE/SEE (externally provided religion and ethics classes)</li> <li>No Community Language School on site</li> <li>Further detailed guidance available on the Department's website.</li> </ul>	<ul style="list-style-type: none"> <li>While in indoor settings in schools, masks or face coverings are required for all staff, and all students in Year 7 and above.</li> </ul>
<p><b>Level 4</b></p> <p>Learning from home encouraged, schools are open for families who need it</p>	<ul style="list-style-type: none"> <li>Families are encouraged to keep their children at home, with no student to be turned away</li> <li>Schools activate plans to support continuity of education for all students learning from home.</li> </ul>	<p>Where students and staff are at school, Level 3 guidelines apply, except:</p> <ul style="list-style-type: none"> <li>No community use (except early childhood services)</li> <li>No canteens</li> <li>Further detailed guidance available on the Department's website.</li> </ul>	<ul style="list-style-type: none"> <li>While in indoor settings in schools, masks or face coverings are mandatory for all staff, and all students in Year 7 and above.</li> </ul>

# YES, IT'S ON

## Saturday 28 August



### ATTENTION ALL PARENTS, WE NEED YOUR HELP!

As the school's biggest fundraiser for the year, it would be great to get your wonderful help and support in any of the following:

Chocolate Wheel: donating chocolate bars like Mars, Snickers, Cherry Ripe etc

Baller Jars: we supply the jars and you send in anything to fill the jars like bag lollies, pair socks, stuffed toys, nails, paper clips, pencils ..... anything that fits in a jar

*PLEASE DROP ALL CHOCOLATES OR BALLAR JAR GOODIES TO THE OFFICE*

Baked Goodies Sale: trays of cookies, cakes, slices, balls, patty cakes

Mega Raffles; to sell raffle tickets to family and friends

*INFO ABOUT THE GOODIES SALE AND RAFFLE TICKETS TO BE SENT HOME SOON*

Volunteering on the day; THIS IS A BIG ONE. We need as many parents as possible to donate their time for a minimum 2 hours on the day to help man stalls, sell tickets etc.

Say YES to volunteer by contacting Belinda Novicky on 0400033663 if you can or email [novickybelinda@gmail.com](mailto:novickybelinda@gmail.com)

# CLASSROOM NEWS - MR LITTLE & K/1/2

WEEK 2 - Term 3

Hello from K, 1, 2,

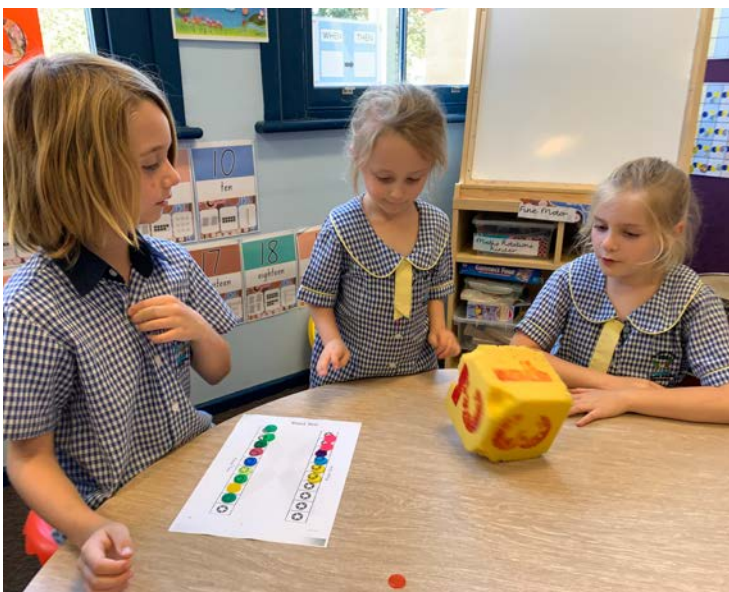
We are back into a full-on term of learning and fun. Last week we had the rewarding experience of our Athletics Carnival. It was a huge hit with the kids and they were reasonably exhausted from their outstanding efforts. A big congratulations goes to Billy and Mackenzie the Juvenile champions from our class! Well done superstars!

We've wasted no time and jumped back into literacy and our Initialit sessions. With renewed focus on reading and writing we will be seeing more and more complex work being done by all Year Levels. In Kindy, students are learning all about new tricky words and soon their first digraphs like ss, ll and ff. Keep practicing those Tricky words. My class are practicing the split digraph 'i e' and 'a e' etc as well as learning a rap to help them remember the rule.

Students have started many new Numeracy topics. Kindies are representing numbers in parts, counting on 1 or 2 and writing turnaround facts. They have shown good understanding of the topics so far. In Year 1 we have been using the hundred board to count on in 10's and 1's and to add together in number sentences up to 100. Year 2's have been starting on directions, turns, flips and slides and have been enjoying the learning of these words on their feet.

We have some new furniture in our classrooms that if you haven't seen already we'd love to show you. Fingers crossed this covid wave dissipates soon. Just ask the kids about the dinosaurs. New Mathseeds and Reading eggs assignments are up. Well done to all students who are keeping up to date with their homework!

Kind regards,  
Mr Little



# CLASSROOM NEWS - MR BURGESS & 3/4/5/6

WEEK 2 - Term 3

Welcome back.

I hope everyone had a fantastic and well-deserved break. I hope everyone is well-rested and ready for another big term. We are still operating at our new normality of practicing good hygiene and social distancing when possible to ensure we all remain healthy.

It was a beautiful day last Wednesday for students to take part in our school Athletics carnival. All students gave it their all in every event to make sure they picked up those vital participation points for the house championship. The high jump was definitely a highlight of the day as students cheered on each other even if they were eliminated. Congratulations to all participants on the day and our age champions and the winning house Cameron.

In literacy, we have started our narrative writing unit. As a class we are learning to design and plan before writing and what features to include in our paragraphs. We have thought about characters and settings to include in our narratives and are looking to bring these to life during art.

Homework folders have been sent home. Students were given their new spelling words for the term and will keep the same grid to continue from last term as there are still some tasks to be completed on there.

Regards,  
Mr Burgess



# CLASSROOM NEWS - MRS ESSEX

WEEK 2 - Term 3

## Learning to read and write – The importance of Comprehension and Spelling

Last term we looked at the importance of our children learning phonological awareness, phonics, fluency and vocabulary when learning to read and write. This week we will look at the final two components that aid in your child's ability to develop their reading and writing skills.

### Comprehension

Comprehension is the complex cognitive process readers use to understand what they have read. Vocabulary development and instruction play a critical role in comprehension. Young readers can develop text comprehension through a variety of ways including answering questions and summarising or re-telling the story.

The process of comprehending text begins before children can read, when someone reads a picture book to them. They listen to the words, see the pictures in the book, and may start to associate the words on the page with the words they are hearing and the ideas they represent.

In order to learn comprehension strategies, students need modeling, practice, and feedback.

### Spelling

Progress in reading does not necessarily result in progress in spelling. Spelling instruction is needed to develop students' spelling skills, it needs to be explicitly taught.

### Why Correct Spelling Is Important

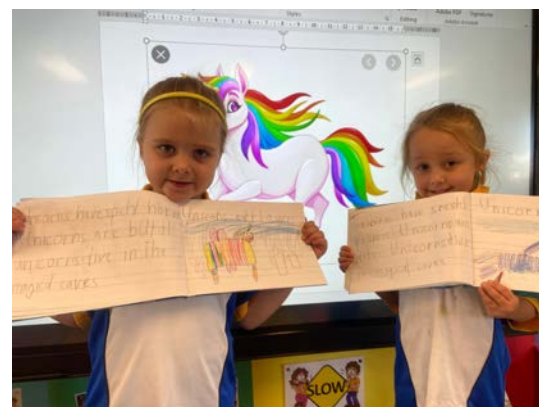
#### Spelling Is Important for Reading

Research has shown that learning to spell and learning to read rely on much of the same underlying knowledge—such as the relationships between letters and sounds—and, not surprisingly, that spelling instruction can be designed to help children better understand that key knowledge, resulting in better reading. Spelling and reading build and rely on the same mental representation of a word. Knowing the spelling of a word makes the representation of it sturdy and accessible for fluent reading.

#### Spelling Is Important for Writing

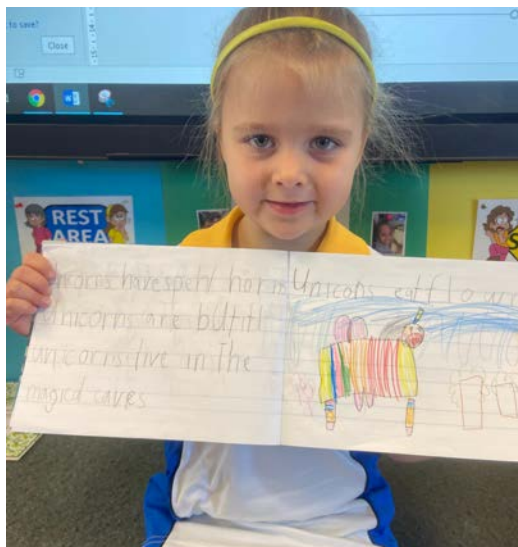
Research also bears out a strong relationship between spelling and writing. Writers who must think too hard about how to spell use up valuable cognitive resources needed for higher-level aspects of composition. Writing is a mental juggling act that depends on using basic skills with automaticity (e.g., handwriting, spelling, grammar, and punctuation) so that the writer can focus on a topic, organisation, word choice, and audience needs. Poor spellers may restrict what they write to words they can spell, with inevitable loss of verbal power, or they may lose track of their thoughts when they get stuck trying to spell a word.

If you have any questions on how our literacy instruction is implemented here at PIPS, please don't hesitate to call your child's teacher.











# COMMUNITY NEWS

## Healthy Lunch Box recipe

### Super crispy chicken fingers



#### Ingredients

1 1/4 cups panko breadcrumbs  
Olive oil spray  
1 egg  
2 tbsp reduced-fat milk  
1 tbsp mayonnaise  
1 1/2 tsp Dijon mustard  
2 tbsp plain flour  
500g chicken tenderloins  
Salt & pepper

#### Method

Preheat oven to 200°C. Spread breadcrumbs onto a baking tray. Spray carefully with oil and bake for 3 to 5 minutes until light golden. Transfer to a bowl.  
In a medium bowl, add the egg, milk, mayonnaise, mustard, flour and a little salt and pepper. Whisk with a fork until well combined. Add a chicken tender to the batter and toss to coat. Toss in the breadcrumbs and press gently into the chicken. Place on a lined baking tray. Repeat with remaining chicken.  
Spray carefully with oil and bake for 10-15 minutes or until cooked through and golden brown.  
Serve with a fresh garden salad.

For more recipes visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)

 **Cancer Council**  
Healthy Lunch Box

## Nutrition Snippet

### BEAUTIFUL BROCCOLI STALKS



Did you know you can use the stalks as well as the florets?

High in fibre and vitamins broccoli stalks are a nutrient powerhouse!

Chop them up and use in a stir fry, add to a soup or toss them in a salad rather than throwing them out!

For these recipes and more visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)

 **Cancer Council**  
Healthy Lunch Box

## Active Kids & Creative Kids Vouchers

The **Active Kids** program is a NSW Government initiative that encourages kids to be more physically active. Two \$100 vouchers can be claimed each year by parents and guardians of school children aged 4.5-18 years. The vouchers can be used for enrolment fees in sport and active recreation. The second voucher is now available and is ready to be claimed and used!

The **Creative Kids** program provides a \$100 voucher per calendar year for school children aged 4.5-18 years. Vouchers can be used for tuition costs for performing & visual arts, dance, coding, languages, literature, music and other eligible creative and cultural activities. Engagement in creative activities benefits children's interpersonal, intellectual, social and emotional development.

Find an Active Kids or Creative Kids provider on the Service NSW website or ask your local activity provider if they accept the vouchers.

#### How to claim your voucher

-  Visit [service.nsw.gov.au](http://service.nsw.gov.au) and login to your MyServiceNSW Account
-  Click on the Active Kids icon found in your **SERVICE** tab
-  Fill out the requested information (you will need your current Medicare card)
-  Print a copy of each voucher or email it to yourself



#### Ideas for Active Kids Vouchers:

Skating	Rugby League
Bowling	Rugby Union
Martial Arts	Basketball
Horse Riding	Futsal
Swimming	Table Tennis
Surf Life Saving	Tennis
Athletics	BMX
Golf	Gymnastics
Cricket	Hockey
Netball	Rowing
Soccer	Dance
Touch Football	Orienteering
Many other sports and recreations	



## READY TO PLAY?

LOWER CLARENCE AUSKICK IS BACK – In Yamba & Maclean

Monday's from 19<sup>th</sup> July until 6<sup>th</sup> September at Maclean Public School and  
Wednesdays from 21<sup>st</sup> July until 8<sup>th</sup> September at Yamba Public School  
Sessions at both venues will be from 4.00pm – 5.00pm and supervision will be provided by AFL staff from the home time bell at the hosting school

The cost of \$80 per participant includes:

- Weekly program for 8 weeks of fun games, gross motor skill development, AFL skills and games
- Fantastic AFL Pack customised in your teams colours (including a football, a pump, footy cards and other items of your choice)

REGISTER & PAY ONLINE USING THE BELOW QR CODE (AN ACTIVE KIDS VOUCHER CAN BE USED)

For further information please contact: AFL Development Lead Matt Crawley 0431 877 173 or email [matthew.crawley@afl.com.au](mailto:matthew.crawley@afl.com.au)



[play.afl/auskick](http://play.afl/auskick)