

THE PALMERS POST

FAMILY NEWSLETTER

JUNE 2022

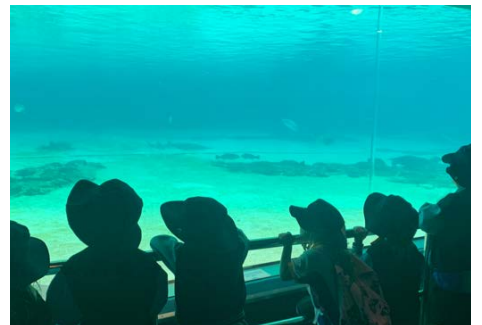
VOL 6



WALK SAFELY TO SCHOOL DAY NEW DATE: FRIDAY, 24TH JUNE
MEET AT 8.30AM CNR OF DALLY AND YAMBA STREET



SEAWORLD EXCURSION



SEAWORLD EXCURSION



TROPICAL REEF SNORKEL WITH THE SHARKS



PRINCIPAL NEWS

Welcome to week 8

Well it has been a hive of activity here this week. The playground soft-fall has been removed and the form work is starting for our bike track. Fingers crossed the rain stays away until completion.

Another order of replacement furniture has been delivered and the Library is finally back in operation. Borrowing will commence next week.

Works are being undertaken outside the school grounds by CVC to fix damaged parts of the road.

Students have been working hard in class leading up to the end of term. Our SeaWorld trip must of helped raise everyone's spirits. We sure had a great time!

Semester 1 reports will be sent home to parents at the end of this term. We encourage all families to make contact with their classroom teacher to discuss their child's achievement throughout the semester. These discussions support student progression in their academic and school-life journey.

School photos will be held in the last week of term. We will confirm either the Monday or Tuesday with families very soon. Please have your photo forms in asap. Please note if you have not already paid for photos' this payment can be taken from your child's Flood Fund.

Best of luck to our Boccia Team who will travel with Mr Little next week to Evans Head to compete in the Inclusive School Sports Boccia Competition.

Good luck also to our Soccer term who have been sent home notes today with their first round against Rosebank PS next week.

UPCOMING EVENTS

Thursday 16th June

NEW DATE

- Australian Dental Health visit

Monday 20th June

Boccia Games - Evans River K-12

Wednesday 22nd June

High School Transition

Thursday 23rd June

Small Schools Soccer Knock-Out

Friday 24th June

*Walk safely to school day
Meet at 8.30am Cnr of Dally and Yamba Street*

Wednesday 29th June

Life Education Van

Date TBC - June

- School Photos



Friday 1st July

Last day of Term 2









NEWS FROM MR LITTLE'S CLASSROOM

Hello from K, 1, 2,

Its been a wonderful few weeks at Palmers Island, with our K, 1, 2, class most definitely having the best day ever at SeaWorld. It was a huge day and has made so many memories and developed the students love for aquatic life and school excursions.

We are still learning everyday despite our class getting another re-shuffling of furniture after the new carpet was installed but we are still waiting for lino. Despite it all, our year 1's have been learning their first tri-graph's and Kindies have been learning the sound 'h' while both year levels have been completing their cumulative reviews for the term. Year 2 have been writing from stimulus such as a picture of a giraffe and are having great fun in their creativity.

In numeracy, K, 1, 2, have also been completing their mathematics quarterly tests. If you are game, the year 1's have been learning about coin money, so perhaps give them a go with your change at home, or break out the piggy bank to recount the amount. Kindies have been learning addition stories such as '3 and 4 makes 7' using counters to set out their working and counting the whole amount.

We are fast approaching the end of term, so keep doing your reading, spelling, and writing sentences for homework.

That's all for now.

Kind regards
Mr Little



NEWS FROM MRS ESSEX

Hi everyone – Welcome to week 7 term 2.

This is an appreciation post

I just want to say thank you to all of our staff, students and school community for going the hard yards with us over the last few weeks.

We have been on a bit of a roller coaster here for a little while now, but in particular the last few months since the floods in January. We have had many of our families homes inundated or in the very least affected in some fashion by the floods.

Our school has had rooms that have been out of action and in need of new flooring and new furniture. The students haven't been able to use their own playground since January. It's been tough, however a credit to our parents and caregivers – your kids have handled the changes really well.

The staff here joke that we could always have a new career in furniture removal -we've had to juggle the extra demands before and after school in order to get the classrooms, resource room and admin building back in shape.

We are not complaining!

Look at what we can now give our school community – beautiful, uncluttered rooms with smart, flexible furnishings. The playground is currently getting new soft-fall and will be back in action soon.

I want to say thank you to Mr Little, Mr Burgess, Mrs Groth, Ms Lisa, Mrs Berman, Mr Berman, Ms Lou, Ms Bonnie, Ms Renate and most importantly Mrs Wiseman. If it wasn't for Mrs Wiseman's tireless work we would not be able to do what we do.





NEWS FROM MR BURGESS'S CLASSROOM

Hello from the classroom this week. I hope everyone had a fantastic long weekend and is recharged to finish the term strongly. Seaworld was such an awesome experience for all the kids and was a great day had by all. I was extremely proud of how well each student conducted themselves throughout the day when interacting with SeaWorld staff and parent helpers.

Next week on Monday the 20th is the Inclusive School Sport Boccia games day. A select group of students will be travelling with Mr Little to Evans Head to compete against other local schools in the inclusive sports program.

Year 6 will enjoy their second-high school transition on Wednesday 22nd. They will be spending another half day completing activities with the Tas and Math blocks. The students will get their aprons and hair nets on and cook up a storm in the kitchens and will also be completing some interactive math activities.

On Thursday 23rd our school is competing in the Small Schools PSSA Soccer Knockout competition against Rosebank Public School in Maclean. We have been hosting some trials and training sessions to prepare for our big game. Unfortunately, due to PSSA knockout guidelines we can only take a team and not every student.

In the classroom during science, our class has been working with our lego mindstorm robotics. Students are building a lego robot and will eventually code instructions onto the robot to perform actions. Anything that involves lego is a hit in the classroom and they are really enjoying the process of creating their individual robots.

Kind regards,
Mr Burgess

COMMUNITY NEWS

July school holiday program
@ your library
5th - 15th July 2022

all events at
your library
are FREE

places are
limited so book
in quick!

grafton

tuesday 5th July NAIDOC activities
session 1: 10:30am to 12:00pm
ages 12 and below.
session 2: 2:30pm to 4:00pm
ages 12 and above.

friday 8th July lego challenge
join our lego challenge to
complete a themed build.
session 1: 10:30am to 11:30am
session 2: 1:00pm to 2:00pm

tuesday 12th July digi daydreaming
join us for digital art workshop
run by local artist Kade Valja.
12:30pm to 4:30pm
6 participants
ages 12+

wednesday 13th July calico library bags
create your very own unique
library bag.
12 participants
12:00pm to 5:00pm
ages 12+

iluka

thursday 7th July minecraft
play minecraft group sessions on
library ipads.
10:30am to 11:30am
6 participants
ages 8+

macedon

thursday 7th July minecraft
play minecraft group sessions on
library ipads.
2:00pm to 3:00pm
6 participants
ages 8+

thursday 14th July calico library bags
10:30am to 11:30am
10 participants
ages 5+

yamba

tuesday 5th July lego workshop challenge
10:30am to 11:30am
8 participants
ages 5+

wednesday 6th July minecraft
2:00pm to 3:00pm
6 participants
ages 8+

wednesday 13th July digi daydreaming
12:30pm to 4:30pm
6 participants
ages 12+

friday 15th July lego challenge
2:00pm to 3:00pm
8 participants
ages 5+

mobile

tuesday 5th July sweet sand art
10:30am to 11:30am
ages 5+

tuesday 5th July minnie water: calico bags
2:30pm to 3:30pm
ages 5+

wednesday 6th July halfway creek: velvet bookmarks
10:30am to 11:30am
ages 5+

wednesday 6th July glenrath: sand art
2:30pm to 3:30pm
ages 5+

thursday 7th July brushgrove: sand art
10:30am to 11:30am
ages 5+

thursday 7th July tussock: VR
2:30pm to 3:30pm
5 participants
ages 5+

tuesday 12th July banyulgi: calico bags
10:30am to 11:30am
ages 5+

tuesday 12th July coombariver: calico bags
2:30pm to 3:30pm
ages 5+

wednesday 13th July nyumbold: VR
10:30am to 11:30am
ages 5+

thursday 14th July brooms head: velvet bookmarks
10:30am to 11:30am
ages 5+

join us @grafton library for

NAIDOC activities 2022

your library your culture

in partnership with Mudyala Aboriginal Corporation, Michael Laurie and Manduway Dutton, graffon library will be hosting activities celebrating Australia's First Nations culture, including languages, music, games, art and painting.

book online



tuesday 5th July 10:30-12:00pm
art, painting & language activity
ages 12 and below

tuesday 5th July 2:30-4:00pm
song writing & music creation activity
ages 12 and above

**GET UP!
STAND UP!
SHOW UP!**
3-10 JULY 2022

Library Events | libraryevents@clarence.nsw.gov.au | www.crl.nsw.gov.au | (02) 6641 0100

Clarence Valley Libraries | libraryevents@clarence.nsw.gov.au | www.crl.nsw.gov.au | (02) 6641 0111



JAYNE LOGAN GRETA ENNS

PIANO DUETS 2 PIANO DUOS PIANO AND PIANO ACCORDION

FOR BOOKINGS VISIT WWW.CVCON.NSW.EDU.AU OR PHONE 6643 3555

SUNDAY 19 JUNE
3:00PM
CLARENCE VALLEY CONSERVATORIUM
8 VILLIERS STREET, GRAFTON
ADULT: \$20 CONC: \$15 CHILD: \$10

WINTER HOLIDAY SPORTS CAMP 2022

The 2022 Holiday Sports Camp is on this July. Sports to be played will include: tennis, including the Maclean Jnr Championships with the winner to receive a CASH PRIZE (racquets available), soccer, tug of war champs, big ball & much more. Finishing with & sausage sizzle on Wednesday. Canteen facilities available at courts. Lots of prizes to be won. Including a brand new racquet!!!

When: Mon 4th, Tues 5th, Wed 6th JULY
Where: Ryan Park Tennis Complex Maclean.
Time: 9:00am-1:00 pm
Cost: \$120 (Day rate \$50)

Any further inquiries please phone Alan on 0416 016 775

Return Form

Winter Holiday Camp 2022

Please circle one of the following categories:

- K – Grade 2
- 2. Grade 3 - 5
- 3. Grade 6 - 9

Photographs YES or NO

Complete and return permission slip with payment by Friday 1st July.

Name: _____ DOB: _____
Email: _____
Mob: _____

All monies payable to Alan Jurd Coaching.
Bank details: NAB Bsb: 084 730 A/C 83 489 1700 Po Box 270 Yamba NSW 2464
Email form back to alan.jurd@bigpond.com / mb: 0416 016 775.
Sports Vouchers Can Be Used.

COMMUNITY NEWS

CLARENCE YOUTH SCHOOL HOLIDAY PROGRAM

FREE ACTIVITIES FOR YOUNG PEOPLE 12-18!

WEEK 1

WEARABLE ART WORKSHOP
Monday 4th July, 10am – 12noon
Iluka Community Hall, Iluka
Bookings essential – Text 0414 284 150

DROP IN & CAPTURE THE FLAG
Monday 4th July, 3:30pm to 5pm
Coutts Crossing Skate Park, Coutts Crossing
Bookings essential – 6640 3800

LASER SKIRMISH
Tuesday 5th July, 2pm to 4pm
Bailey Park, Ulmarra
Just turn up

ART CLUB
Tuesday 5th July, 4pm to 5pm
Headspace Grafton
Bookings essential – 6642 1520

SKATE WORKSHOP
Wednesday 6th July, 10am to 12noon
Copmanhurst Skate Park, Copmanhurst
Bookings essential – 0432 049 408
<https://www.yambaskate.com/events>

DROP IN & CAPTURE THE FLAG
Wednesday 6th July, 3:30pm to 5pm
Grafton Skate Park, Grafton
Bookings essential – 6640 3800

SKATE WORKSHOP
Thursday 7th July, 10am to 12noon
Maclean Skate Park, Maclean
Bookings essential – 0432 049 408
<https://www.yambaskate.com/events>

LGBTQI+ YOUTH GROUP
Thursday 7th July, 4pm to 5pm
Changing Lanes Shed, Through Street, South Grafton
Bookings essential – 6640 3800

DROP IN & CAPTURE THE FLAG
Thursday 7th July, 4pm to 5:30pm
Iluka Skate Park, Iluka
Bookings essential – 6640 3800

LASER SKIRMISH
Friday 8th July, 2pm to 4pm
Lawrence Memorial Park, Lawrence
Just turn up

For more information and updates, check out our Facebook pages 'Clarence Valley Youth' or 'Clarence Valley Youth Hubs'. The current COVID-19 situation has limited our capacity for numbers, so these activities will have restrictions. Please call 0428 420 908 if more details are required. Outdoor activities will be postponed in the case of wet weather. Programs proudly sponsored by:

CLARENCE YOUTH SCHOOL HOLIDAY PROGRAM

FREE ACTIVITIES FOR YOUNG PEOPLE 12-18!

WEEK 2

WEARABLE ART WORKSHOP
Monday 11th July, 10am to 12noon
Glenreagh Community Hall, Glenreagh
Bookings essential – Text 0414 284 150

DROP IN & WOOL LETTER MAKING
Monday 11th July, 3:30pm to 5pm
Coutts Crossing Skate Park, Coutts Crossing
Bookings essential – 6640 3800

LASER SKIRMISH
Tuesday 12th July, 2pm to 4pm
Pirate Park, South Grafton
Just turn up

POETRY CLUB
Tuesday 12th July, 4pm – 5pm
Headspace Grafton
Bookings essential – 6642 1520

DROP IN & WOOL LETTER MAKING
Wednesday 13th July, 10am to 11:30am
Yamba Skate Park, Yamba
Booking essential – 6640 3800

SURF LESSONS
Thursday 14th July, 9am to 12noon
Main Beach, Minnie Water
Bookings essential – 0447 693 863

GRAFFITI ART WORKSHOP
Thursday 14th July, 2pm to 4pm
Lawrence Memorial Park, Lawrence
Bookings essential – Text 0423 134 173

DROP IN & WOOL LETTER MAKING
Thursday 14th July, 10am to 11:30am
Iluka Skate Park, Iluka
Bookings essential – 6640 3800

ART WITH JIMMY WAGS & TULLI STEVENS
Friday 15th July, 2pm to 4pm
Wooli Community Hall, Wooli
Bookings essential – 0412 924 120

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Nutrition Snippet

EAT TO THE SEASON.



Eating seasonal fruit and veg means:

- ✓ It's cheaper
- ✓ It's fresher and more nutritious
- ✓ It's better for the environment

For tasty winter recipes read our blog:
healthylunchbox.com.au/blog/whats-in-season-for-winter/



Nutrition Snippet

ZUCCHINI & CORN FRITTERS



Ingredients

- 2 zucchinis, grated & liquid squeezed out
- 1 cup frozen or canned corn kernels
- 1 cup red capsicum, finely diced
- 4 eggs
- ½ cup grated Parmesan cheese
- ½ cup chopped, fresh dill
- 6 tbsp wholemeal plain flour
- Olive oil spray

Method

Place the zucchini, corn, capsicum, eggs, Parmesan, dill and flour in a bowl. Mix well.

Spray a large fry pan with olive oil and heat over a medium heat. Working in batches, fill an ice-cream scoop (or large spoon) with the mixture and drop onto the pan. Flatten the fritters out slightly with a fork.

Cook for approximately 4 minutes or until brown, flip and continue to cook until that side is brown and cooked through.

Makes 8.

healthylunchbox.com.au

